



Eviscore Foundation Course

Module 4 – APPLY

Worksheet 4E: Clinical Recommendation Form

Estimated Time: 15–20 minutes

Difficulty: ★★ ★ Foundation

Learning Objectives

After completing this worksheet, you should be able to:

- Integrate research evidence with clinical expertise and patient preferences.
 - Write a clear, evidence-informed clinical recommendation.
 - Develop a practical follow-up plan.
 - Document the rationale for your clinical decision.
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Before You Begin

Use your completed Worksheets 4A–4D. This worksheet represents your final recommendation for your patient.

PART 1 – Patient Summary

Clinical Condition

Main Clinical Question

Evidence Used

(Article, guideline, or systematic review)

PART 2 – Evidence Summary

What does the evidence suggest?

Confidence in the Evidence

- ☐ High
 - ☐ Moderate
 - ☐ Low
 - ☐ Unsure
-

PART 3 – Patient Considerations

Patient's Goals

Patient's Preferences

Important Practical Factors

(Check all that apply)

- ☐ Cost
 - ☐ Availability
 - ☐ Family support
 - ☐ Travel distance
 - ☐ Adherence
 - ☐ Other
-

PART 4 – Final Recommendation

Tick one option.

- ☐ Recommend the intervention
 - ☐ Recommend with modifications
 - ☐ Do not recommend
 - ☐ More information required
-

Write Your Clinical Recommendation

For this patient, I recommend

because

PART 5 – Follow-up Plan

What should be monitored?

- ☐ Symptoms
- ☐ Functional status
- ☐ Adverse effects
- ☐ Laboratory tests
- ☐ Quality of life
- ☐ Other

Follow-up Schedule

- ☐ 1 week
- ☐ 2 weeks
- ☐ 1 month
- ☐ 3 months
- ☐ Other

Indicators of Success

List three outcomes that would indicate the treatment is successful.

PART 6 – Documentation

Complete the clinical record.

Item	Summary
Clinical Question	_____
Evidence Used	_____
Final Recommendation	_____
Patient Agreement	☐ Yes ☐ No
Follow-up Plan	_____

Reflection

Complete the sentence.

After reviewing the evidence and discussing the options with the patient, I learned that...

Self-Assessment

- ☐ I integrated research evidence into my decision.
 - ☐ I considered patient preferences.
 - ☐ I documented a clear recommendation.
 - ☐ I developed a follow-up plan.
 - ☐ I am confident in explaining my recommendation.
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Evidence Pearl

An evidence-based recommendation should be clear, justified, patient-centered, and practical. Good recommendations explain not only what should be done, but also why it is appropriate for this patient.

Faculty Notes

Suggested Discussion Points

Guide learners through four questions.

1. **Is the recommendation supported by evidence?**
 - Is it based on the best available research?
 - Is the evidence relevant to the clinical question?
 -
2. **Is the recommendation patient-centered?**
 - Does it reflect the patient's goals and preferences?
 - Have practical barriers been considered?
 -
3. **Is the recommendation practical?**
 - Can it be implemented in the learner's clinical setting?
 - Is follow-up feasible?
 -
4. **Is the recommendation documented clearly?**
 - Could another healthcare professional understand and implement the plan from the written recommendation?

Common Beginner Mistakes

- Repeating the study conclusion instead of making a patient-specific recommendation.
 - Ignoring patient preferences.
 - Omitting a follow-up plan.
 - Writing vague recommendations without a clear rationale.
 - Failing to document the decision.
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Evidence-to-Action Summary

Step	My Answer
Clinical Question	_____
Best Evidence	_____
Key Finding	_____
Patient's Goal	_____
Final Recommendation	_____
Follow-up Plan	_____

End of Module 4

After completing Worksheet 4E, learners have now completed the entire decision-making process:

1. Asked the right clinical question.
2. Acquired the best available evidence.
3. Appraised its trustworthiness and findings.
4. Applied the evidence by considering benefits, harms, feasibility, and patient preferences, and by documenting a patient-centered recommendation.