



Eviscore Foundation Course

Module 4 – APPLY

Worksheet 4C: Patient Values & Shared Decision Worksheet

Estimated Time: 15–20 minutes

Difficulty: ★★☆☆ Foundation

Name: _____

Date: _____

Patient ID/Case: _____

Learning Objectives

After completing this worksheet, you should be able to:

- Identify what matters most to your patient.
 - Recognize factors that influence healthcare decisions.
 - Discuss evidence in language the patient can understand.
 - Incorporate patient preferences into an evidence-informed plan.
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Before You Begin

Use the patient from Worksheet 4A and the evidence you appraised in Module 3.

Remember:

Good evidence alone is not enough. The best decision is one that combines evidence with the patient's values, goals, and circumstances.

PART 1 – My Patient

Patient's Main Health Problem

Recommended Intervention

Expected Benefit

PART 2 – Understanding the Patient

Discuss the following with your patient.

Question	Patient Response
What is your main health goal?	_____
What concerns you most about your illness?	_____
What outcome is most important to you?	_____
What worries you about the proposed treatment?	_____

PART 3 – Factors That May Influence the Decision

Tick all that apply.

Personal Factors

- ☐ Age
- ☐ Occupation
- ☐ Lifestyle
- ☐ Pregnancy
- ☐ Other

Medical Factors

- ☐ Other illnesses
- ☐ Current medications
- ☐ Previous treatment experience
- ☐ Allergies
- ☐ Other

Social Factors

- ☐ Family support
- ☐ Travel distance
- ☐ Financial concerns
- ☐ Work commitments
- ☐ Cultural beliefs
- ☐ Other

PART 4 – Explaining the Evidence

Write one or two sentences explaining the evidence in patient-friendly language.

PART 5 – Shared Decision

After discussing the options, which decision was reached?

- ☐ Proceed with treatment
- ☐ Choose an alternative treatment
- ☐ Delay the decision
- ☐ Decline treatment

Why?

PART 6 – My Clinical Reflection

Did the patient's values influence your original recommendation?

- ☐ Yes
- ☐ No

If Yes, how?

Patient-Centred Care Checklist

Question	Yes	No
Did I explain the evidence clearly?	☐	☐
Did I ask about the patient's goals?	☐	☐
Did I discuss benefits and harms?	☐	☐
Did I answer the patient's questions?	☐	☐
Did we make the decision together?	☐	☐

Final Decision Summary

Item	Summary
Best Available Evidence	_____
Patient's Main Goal	_____
Patient's Concerns	_____
Final Agreed Plan	_____

Reflection

Complete the sentence.

I learned that patient-centred care means...

Self-Assessment

- ☐ I asked about the patient's goals.
 - ☐ I explored the patient's concerns.
 - ☐ I explained the evidence clearly.
 - ☐ I involved the patient in the decision.
 - ☐ I made an evidence-informed, patient-centred recommendation.
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Evidence Pearl

The best clinical decision is not simply the one supported by the strongest evidence—it is the one that combines trustworthy evidence, clinical expertise, and what matters most to the patient.

Faculty Notes

Suggested Discussion Points

Guide learners through four questions.

1. What matters most to this patient?
 - What are the patient's goals?
 - What outcomes are most important?
2. What concerns does the patient have?
 - Fear of side effects?
 - Cost?
 - Time?

- Lifestyle?
3. Did the patient understand the evidence?
- Ask learners to explain the evidence in plain language, avoiding medical jargon.
4. Was the final decision shared?
- Discuss how the patient’s preferences influenced the treatment plan.

Common Beginner Mistakes

- ☐ Talking more than listening.
- ☐ Assuming all patients have the same priorities.
- ☐ Using technical language that patients may not understand.
- ☐ Presenting only one option without discussing alternatives.
- ☐ Equating “shared decision-making” with “letting the patient decide alone.”

What Matters Most to This Patient?

Statement	Patient Response
My biggest goal is...	_____
My biggest concern is...	_____
I would prefer...	_____
I am comfortable with...	_____

This card encourages learners to capture the patient’s priorities in a structured way. It reinforces that evidence-based practice is not just about selecting the most effective intervention—it is about choosing the most appropriate intervention for this particular patient. It also provides a natural transition to Worksheet 4D, where learners will formalize the shared decision-making process.